



SOLUTIONS BUILDING

**THE S.A.T.
TEAM**

***SOLUTIONS BUILDING
COMMUNITY COLLABORATIVE***

A DEMONSTRATION PROJECT SPONSORED BY
SAN DIEGO REGIONAL CENTER AND
SAN DIEGO COUNTY MENTAL HEALTH

The Solutions Building Demonstration Project includes a ***Support, Assessment and Treatment (S.A.T.) Team*** that provides specialty consultation services to individuals in San Diego County that are ‘dually served’. This refers to individuals who have both a diagnosed developmental disability and a diagnosed mental health disorder. Dually Served individuals face even greater challenges than most as their unique needs require expertise in Developmental Disabilities and Mental Health. Research indicates that education in dual diagnosis needs, crisis care coordination, specialty consultation, and collaboration across all systems are critical to the success of these individuals. The SAT team includes experts in both of these areas and works across all systems to meet the needs of these individuals as well as providing consultation and education to all interested community partners. The SAT team’s efforts are sponsored by the San Diego Regional Center and San Diego County Mental Health Services.

SAT TEAM OBJECTIVES

- Provide a comprehensive review and assessment of all information including, medical, clinical, behavioral and general information made available to the team for project participants.
- The team then provides information, training and facilitation of person-specific strategies for each person to access appropriate services and maintain community tenure (i.e. WRAP, warm lines, hotlines, project carry cards, etc.)
- The team then develops a cross systems plan of medical history, current medical profile, personal and emergency contact information, key behavioral strategies, current and recommended services and a crisis protocol that includes an escalation hierarchy, emergency numbers and selected emergency resources. This crisis protocol is updated monthly and shared electronically with SDRC, SDCMH, service providers, local EMS and area hospitals.

TEAM MEMBERS

- Project Manager
- Developmental Disabilities Navigator
- Mental Health Navigator
- Consulting Psychiatrist
- Consulting Psychologist
- Consulting Forensic Specialist
- Consulting Drug/Alcohol Specialist

TEAM MEMBERS ROLES

Project Manager:

- Provides oversight and direction to the activities of the SAT team.

Developmental Disabilities Navigator:

- Provides key information regarding Regional Center services including eligibility, intake process, supports and services.
- Assists the Team in navigating RC services to facilitate connections for eligible individuals and increased communication across all systems.

Mental Health Navigator:

- Provides key information regarding Mental Health services including eligibility, intake process, supports and services.
- Assists the Team in navigating MH services to facilitate connections for eligible individuals

Consulting Psychiatrist:

- Provides comprehensive review of available medical information, creating a current history and medical profile with recommendations.
- Available for consultation to other medical professionals and community partners. Facilitates education and training related to psychiatric care and pharmacology for this specialty population.

Consulting Psychologist:

- Provides comprehensive review of available clinical information including behavioral strategies, creating a summary of successful strategies and recommendations. Provides training in self directed strategies to individual participants. Facilitates education and training related to clinical intervention and support.